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Heather Biggs of Karrimah Farm in Western Australia Earns the IFWTWA Culinary Excellence Award

The International Food, Wine & Travel Writers Association's prestigious award recognizes the best of the best in culinary achievement around the world.

October 2, 2011 – Diamond Bar, CA – The International Food, Wine & Travel Writers Association's (IFWTWA) Excellence Awards program recognizes the world's finest industry professionals in several categories as experienced by the organization's journalist members. Heather Biggs, chef, author, culinary educator and proprietor of Karrimah Farm in Kwinana, Western Australia earned IFWTWA's Culinary Excellence Award.

Heather Biggs has traveled to Mexico several times and has brought her keen fascination with authentic Mexican cuisine to her products and cooking classes. Where Mexican ingredients are not available she uses similar local ingredients or grows the ingredients she needs at Karrimah Farm.

According to the IFWTWA member journalist who nominated Chef Biggs and Karrimah Farm for recognition: "I've enjoyed the salsas and condiments that Heather has created with the most traditional and authentic ingredients possible. For instance, she has made queso fresca from rinsed local low-salt feta cheeses and adjusted to local ingredients. When some ingredients are impossible to procure, they grow their own. She is the first Western Australian to grow tomatillos and they are flourishing."

Chef Biggs' is a long-time culinary educator who has chosen to focus on a specific world cuisine that has become her passion. Her cooking classes are extremely well-run, interesting, fun, funny and informative with a delicious buffet at the end. She adds authenticity to her classes with a side table of beautiful still-life photos of Mexican markets and chiles with bowls of her own home-grown chiles beside. And she provides easy recipes with sources.

The award nomination was carefully evaluated and recommended by IFWTWA's Excellence Awards Committee and the award approved by IFWTWA's Board of Directors.

"As a winner of an IFWTWA Excellence Award, Heather Biggs and Karrimah Farm demonstrate the professional standards that represent the best in the industry," says Maralyn Hill, IFWTWA President. "She and other professionals in her class set – and raise – the bar in the culinary field worldwide."

About IFWTWA: The International Food, Wine and Travel Writers Association (IFWTWA) is a global network of journalists who cover the hospitality and lifestyle fields, and the people who promote them.

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